

# Techy Treads

## Imani's Modified Treadmill



### Project Scope

**Background:** Our team has been tasked with creating a specialized treadmill for our client, Imani Graham. She wants to exercise to maintain her blood pressure levels, however her disabilities prevent her from operating a traditional treadmill. Our product will accommodate her dwarfism and visual impairment, allowing her to exercise as she wants.

**Objective:** To design a set of guard rails that is at the client's desired height to assist her in getting on and off the treadmill.

### System Requirements

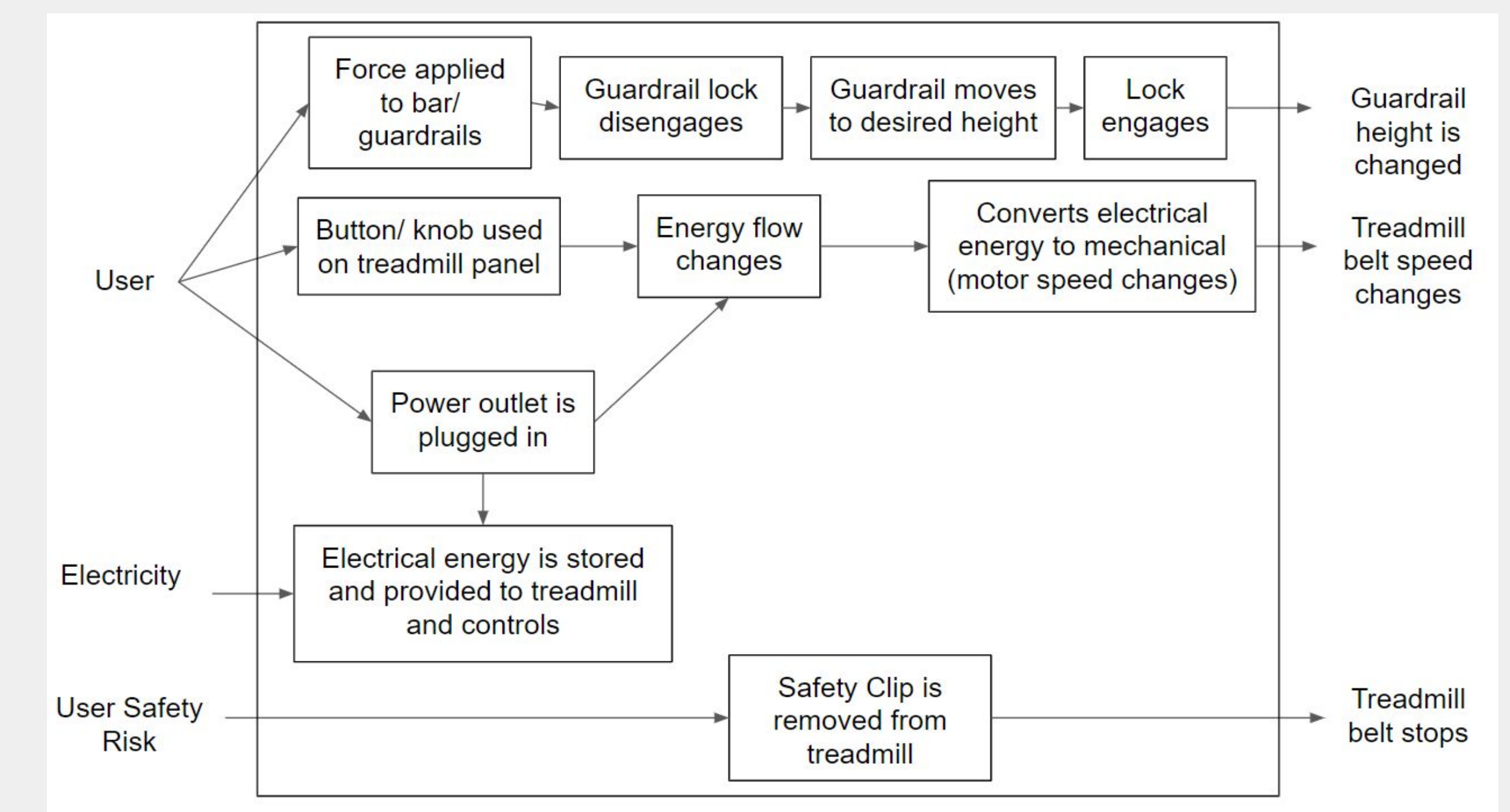


Figure 1: Functional Block Diagram

- The system requirements for this project include:
- Must have 2 guardrail heights -- 28" for walking and 37" for running, 3/4 in diameter
  - Must lower control panel to 28.5"
  - ASTM regulations such as kill switch, guardrail grips, chamfered bars, and accessible belt height

### Final CAD Model

Figure 2: Final CAD Assembly of the modified treadmill with the lowered control panel and adjusted guardrails.

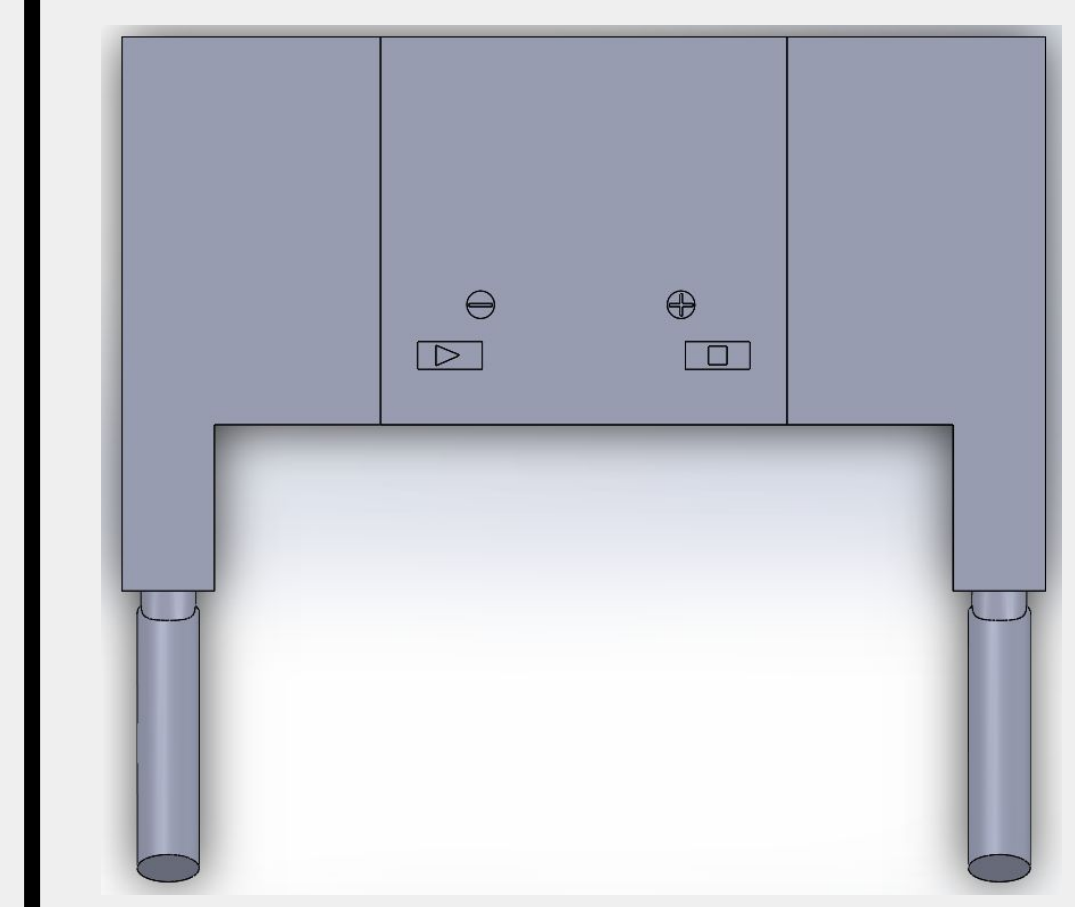
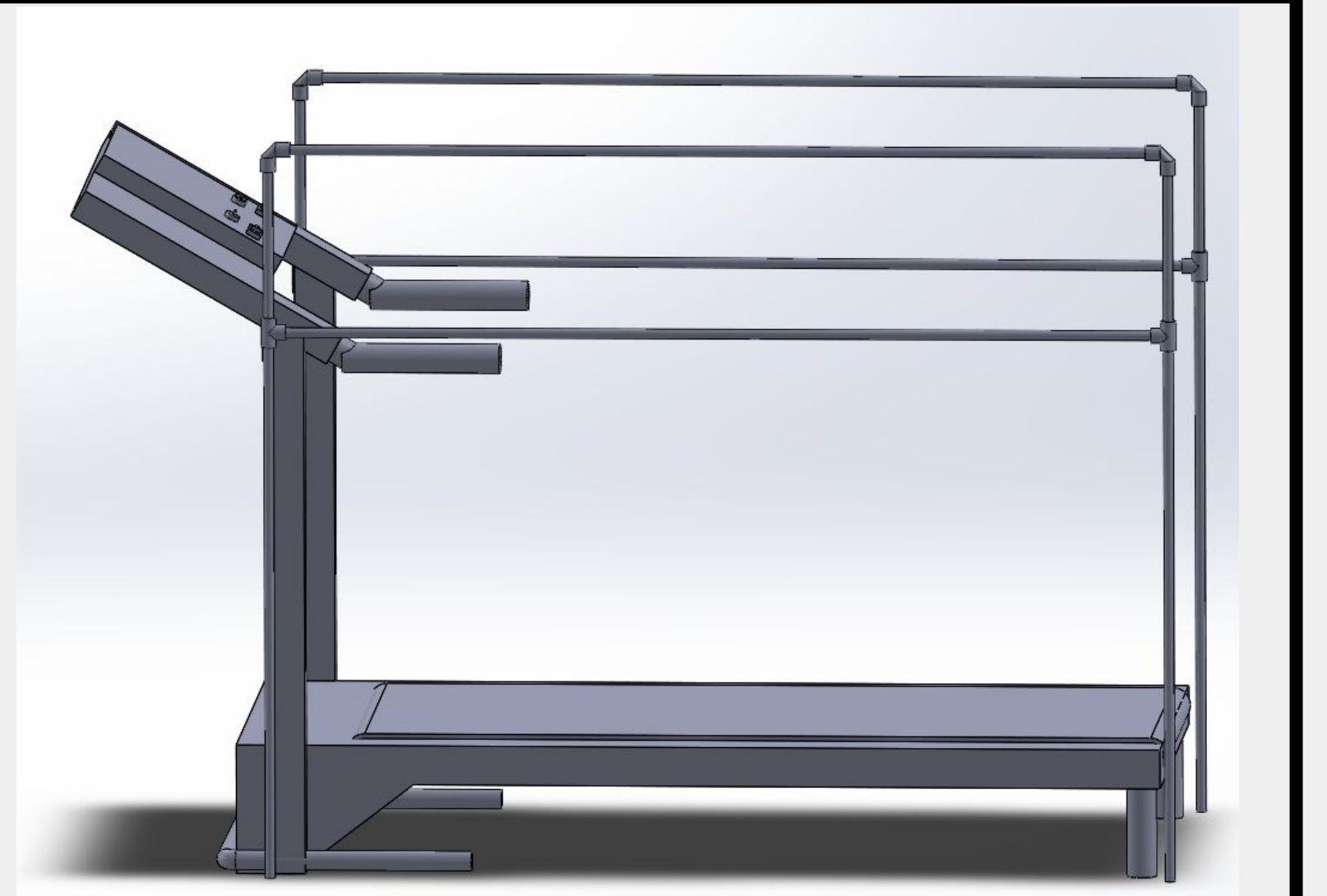


Figure 3: Top view of modified control panel, which was altered to simplify the control console as well as increase the size of the buttons.

### Design Evolution

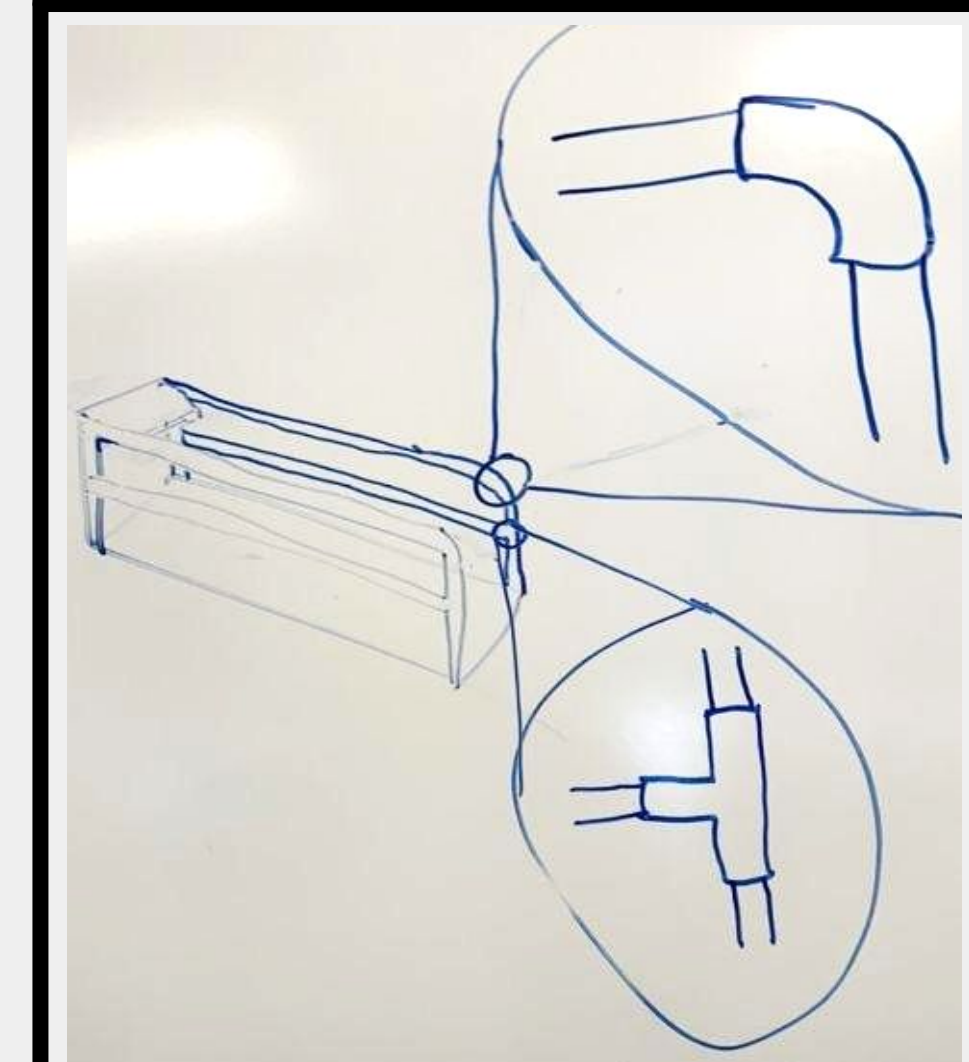


Figure 4: Initial sketch of guardrails

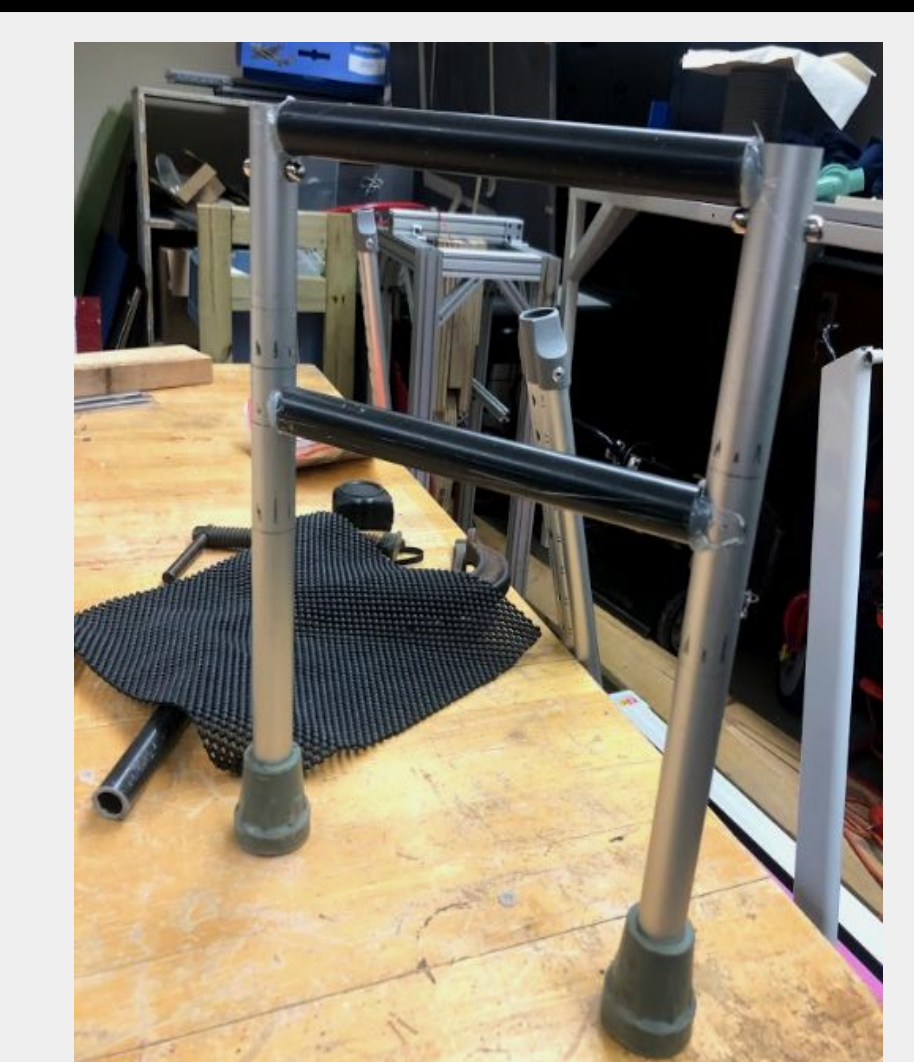


Figure 5: First prototype of guardrails made from PVC pipes and crutches



Figure 6: 3D printed 1:10 scale model of the modified treadmill

\*second prototype is in CAD shown in Figure 2\*

### Finite Element Analysis

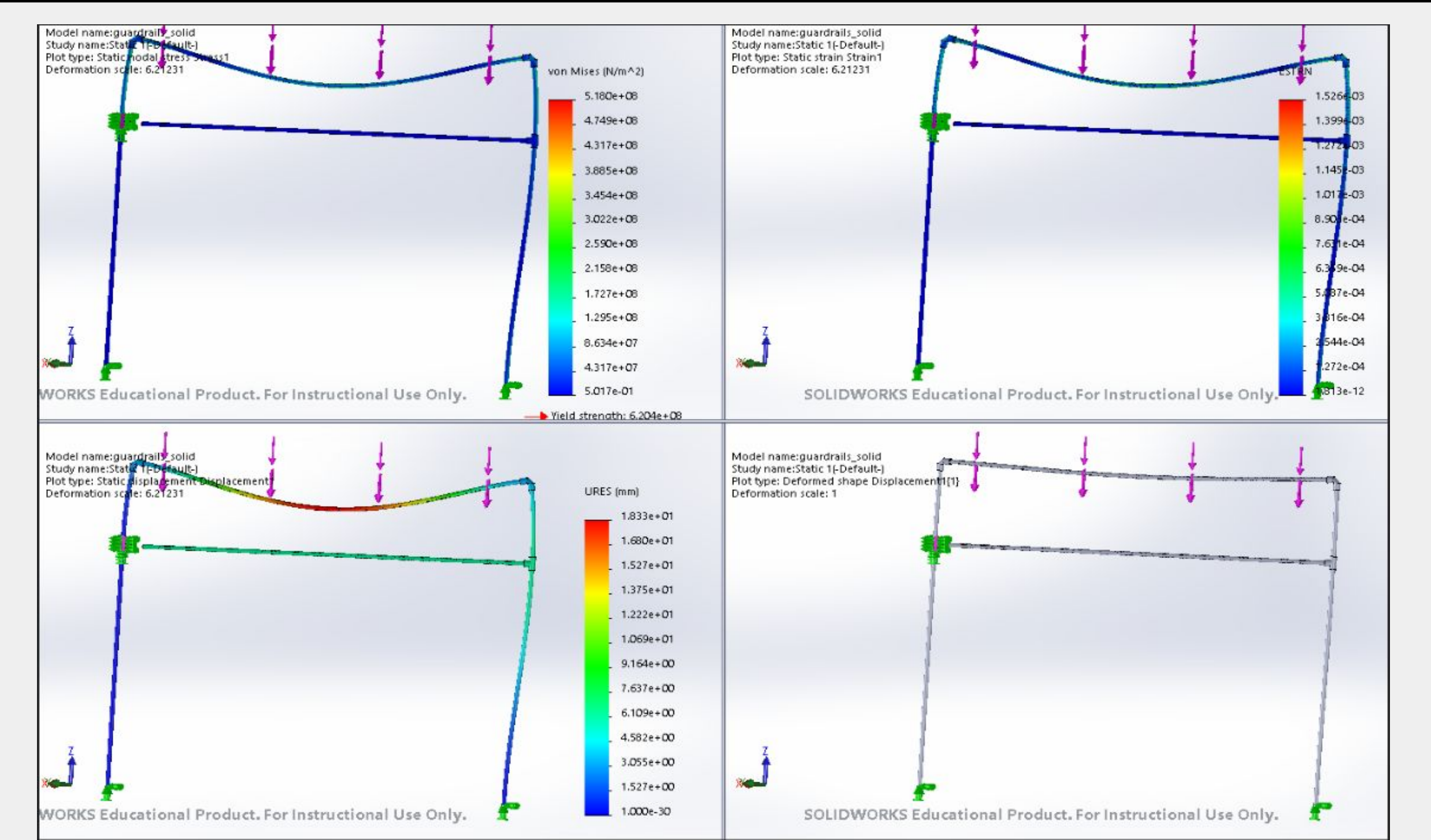


Figure 7: Finite Element Analysis of Guardrails  
Static analysis shows that the force applied is less than the yield strength of the guardrails.

### Future Work

- Fabrication of the guardrails
- Assembly of new guardrails and lowered control panel onto the treadmill
- Potential use of voice response system
- Vibrational analysis of guardrails
- Further testing and optimization



Figure 8: Purchased treadmill

### Acknowledgements

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